

Laws of Days of Abstinence, Penance and Fast

Current Practice and 1962

Current Practice

Days of Abstinence – Begins on 14th birthday

- Ash Wednesday and Fridays of Lent
- Obliges abstention from flesh meat

Days of Penance – Applies to all Faithful

- Lent and Fridays outside of Lent.
- Obligation to do penance is lifted on Fridays that are also celebrated as a Solemnity.

Days of Fast – Applies to ages 18 to 59, inclusive

- One full meal permitted and two other meals which, when combined, are less than a full meal.
- Ash Wednesday and Good Friday

Eucharistic Fast – One hour before reception of the Holy Eucharist

- Encouraged to maintain the three-hour fast of the 1962 discipline

1962 Practice

Days of Abstinence – Begins on 7th birthday

- Complete abstinence:
 - All Fridays
 - Ash Wednesday
 - Holy Saturday
 - Vigil of Christmas
- Partial abstinence (meat and soup or gravy made from meat permitted once a day at the principal meal):
 - All days of Lent
 - Ember Days of Wednesday and Saturday
 - Vigils of Pentecost and the Assumption
- Abstinence from meat is dispensed on Holy Days of Obligation.

Days of Fast – Applies to ages 21 to 59, inclusive

- One full meal permitted and two other meals which, when combined, are less than a full meal.
 - Days of Lent from Ash Wednesday, inclusive,
 - Ember Days
 - Vigils of Christmas, Pentecost and the Assumption

Eucharistic Fast – Complete fast from all food and alcoholic drinks for 3 hours before reception of the Holy Eucharist and one hour for non-alcoholic drinks. Water may be taken without breaking Eucharistic fast.

- Encouraged to maintain the midnight fast of pre-1962



CHRIST THE KING Catholic Church

An apostolate of the Priestly Fraternity of St. Peter

Office: 941-924-2777
office@christthekingsarasota.org
Sacramental Emergency: 941-212-5763

Scan to give



Administrator: Fr. Vince Huber, FSSP
fr.huber@christthekingsarasota.org

Assistant: Fr Nicholas Eichman, FSSP
fr.eichman@christthekingsarasota.org

Quinquagesima Sunday

February 15, 2026

“...if I should distribute all my goods to feed the poor, and if I should deliver my body to be burned, and have not charity, it profiteth me nothing. Charity is patient, is kind: charity envieth not, dealeth not perversely; is not puffed up; Is not ambitious, seeketh not her own, is not provoked to anger, thinketh no evil; Rejoiceth not in iniquity, but rejoiceth with the truth; Beareth all things, believeth all things, hopeth all things, endureth all things.” - 1 Cor 13:3-7

Secretary: Susan Hemeryck

Finances: Melissa Funderburk

Choir: Leo & Carol Labrecque

Maintenance: Tom Flamminio

Office Hours: 10am-3pm, Mon-Fri

Masses

Sunday: 7:00am, 8:30am,
10:30am (high), 1:00pm

Monday: 12:00pm

Tues, Wed, Thur: 7:00am & 9:00am

Friday: 9:00am & 6:30pm.

Saturday: 9:00 am.

Ocala:

Sunday: 4:30pm

Monday: 7:00am.

Confession: 30 min before Mass

Adoration: Fri 10am-6:15pm

Date and Time	Mass Intention	Requested By
2-15	7:00 AM healing of Olinda Fernandes	M & K Weber
	8:30 AM Bernadine Drasler	C. Olmstead
	10:30 AM <i>Pro-populo</i>	
	1:00 PM Juana Carvallo+	her daughter
2-16	12:00 PM Holy Souls in Purgatory	M. Pruitt
2-17	7:00 AM Honoring the Holy Face/reparation for communism	Anonymous
	9:00 AM Mary Magdalen Dinh+	L. Dinh
2-18	7:00 AM Melissa, Mariah & Carson	J. Funderburk
	9:00 AM Mariusz Stryjewski	Wojtek
	6:30 PM FSSP Confraternity Intentions	T & M VanGelderen
2-19	7:00 AM Judy Peterson	R & K Jurman
	9:00 AM Susan Hemeryck	T & B Shehwen
2-20	9:00 AM Emily Anstead	A. Baugh
	6:30 PM Lora Williamson+	Beggy family
2-21	9:00 AM FSSP Confraternity Intentions	K.D.
2-22	7:00 AM Winston Shuttleworth+	S & R Perri
	8:30 AM Paola Le Page	L. de Saizieu
	10:30 AM <i>Pro-populo</i>	
	1:00 PM Andre Suka	P & A Suka

“If all the prayers of loving hearts from the beginning of the world, and all the seraphic worship of the thrones and principalities of heaven, and the burning devotion and love of the Virgin Mother of God, and the voices of the all creatures of heaven and earth were offered up in one universal and harmonious act of praise and adoration, they would not equal or even approach in value and efficacy the infinite worth of a SINGLE MASS.”

1962 Liturgical Calendar			
2-15	Quinquagesima Sunday	2	V
2-16	Feria	4	V
2-17	Feria	4	V
2-18	Ash Wednesday	1	V
2-19	Thursday after Ash Wednesday	3	V
2-20	Friday after Ash Wednesday	3	V
2-21	Saturday after Ash Wednesday	3	V
2-22	First Sunday of Lent	1	V

From the Choir Loft: Sunday 2/15/26: Entr: Let All Mortal Flesh SEC 900; Asperges SEC 567; Mass VI SEC 727 Credo III SEC 776; Exit: Immaculate Mary SEC 906; **Wednesday 2/18 (Ash Wed) at 6:30 PM:** Blessing of the ashes SEC p. 96; Mass XVIII SEC 765; Exit: Ave Regina Caelorum SEC 951

For Ash Wednesday the choir will sing the Lenten motet **Vere Languores by Antonio Lotti** (d. 1740). Vere languores nostros ipse tulit, et dolores nostros ipse portavit (Isaiah 53:4) Surely he hath borne our infirmities and carried our sorrows.

Weekly Schedule	
Holy Face Devotions	Tue, Feb 17, 10:15 AM
Lectio Divina	Tue, Feb 17, 4-5:30 PM
Day at Planned Parenthood	Wed, Feb 18, 9AM-5PM
St. Joseph Guild	Thu Feb 19, 6:30 PM
Archconf. of the Holy Face	Sat Feb 21, 10:00 AM
Youth Group	Sat Feb 21, 5:30-8PM

Prayer Corner
Please pray for: Cindy Lane, Robert Anstead, Richard B; Nicole Romano, Bill Sharkoski, Hilari Shehwen, Scott Greenwood; Antonio Negrin; Meadows family; Michelle McConville; Stacy Steindorf, Terry Angley, Amanda Smith, Carol Labrecque; Robert M; Wis family; McNamara family

This Wednesday Feb 18th is Ash Wednesday, Mass times are 7am, 9am, and 6:30pm (high). It is **NOT a holy day of obligation**; but it is a day of fasting (one full meal and two other meals which, when combined, are less than a full meal) and abstinence (obtain from flesh meat).

See the back of the bulletin for ecclesiastical laws of fasting and abstinence. **The current law is what we are bound to under pain of sin**, but we are encouraged to aim for the observance of the 1962 laws.

Stations of the cross will be held on Fridays of Lent at 5:30pm. We will continue the tradition of **penitential potluck soup dinners** in the parish hall Friday evenings following the 6:30pm Mass.

The **40 Days for Life** spring campaign kickoff event will be held on Monday, 2/16, from 10am-11am at the CPCI parking lot, 1419 7th St, Sarasota.

The **Archconfraternity of the Holy Face** will now be meeting on the 3rd Saturday of the month after the 9:00am Mass.

For anyone interested in joining a group from our apostolate in Ocala doing the Marian consecration of St. Louis de Montfort: beginning Feb 20th, ending on March 25th. For further information contact Dave Coffee: st.stephensguild@gmail.com, or call or text 863-677-5855.

You're invited to join our women's **Lectio Divina group** on 1st and 3rd Tuesdays from 4-5:30 pm at CTK. We will be practicing this ancient form of mental prayer, built on the methods taught by St. Teresa of Avila, utilizing the Gospel reading for the upcoming Sunday Mass. Please bring your Bible or missal on 2/17/26 and give it a try! Contact Melissa.Funderburk@christthekingsarasota.org for more details.

Finances	Mass Attendance
Last Sunday's collection: cash \$4,592.67; on-line \$1,770.00; CFA: \$0; <i>Do This in Memory of Me:</i> cash \$2,966.66; online \$5,169.96	Feb 8 - 579 souls 7am- 65 8:30 am- 170 10:30 am- 215 1:00 pm- 129 Ocala- 364
2025 CFA status at CtK as of January 31, 2026: \$113,000.00 assessment; \$83,599.75 pledged (73.98% of goal); from 38.43% of 242 households; \$83,099.75. Thank you for your support!	

Parish Groups

St. Joseph's Guild

St. Theresa Devotions Guild

Respect Life

Altar Servers

Choir

Youth Catechism

Youth Group

Holy Face Archconfraternity

Women's Book Club

Women's Lectio Divina Prayer Group